## SaeboStim Micro: Find Your Size

To maximize comfort and fit, there are (2) measurements required. The two measurements will indicate the best possible size recommendation.



**(A) Measure Arm Circumference:** Wrap tape circumferentially around the middle portion of the biceps muscle. If you do not have measuring tape, use string and then measure the string with a ruler.

## **ARM SIZE**

Small 6 - 10"

**Medium** 10 - 14"

Large 14 - 18"

X-Large 18 - 23"





**(B) Measure Hand Circumference:** Wrap measuring tape circumferentially around the hand. If you do not have measuring tape, use string and then measure the string with a ruler.

## **HAND SIZE**

Small 6 - 6.5"

**Medium** 6.5 - 8"

Large 8 - 9"

X-Large 9" or >